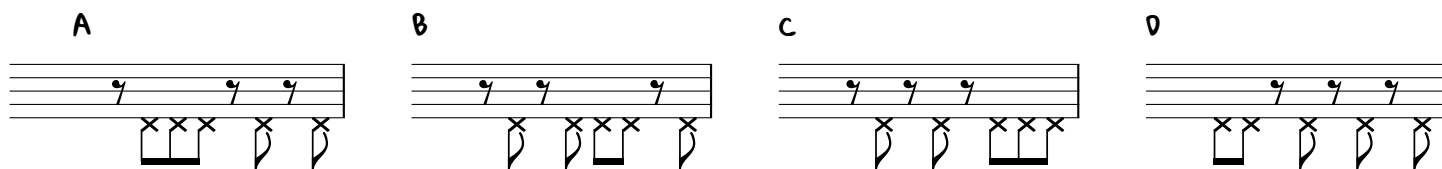


Variations On The First Afrobeat Groove

Left Foot Patterns

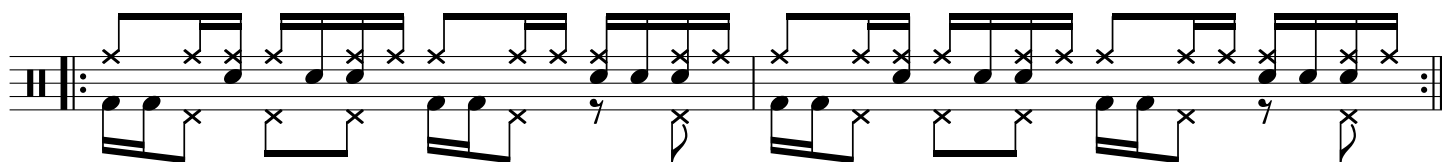
www.joethedrummer.com

LF HH Patterns

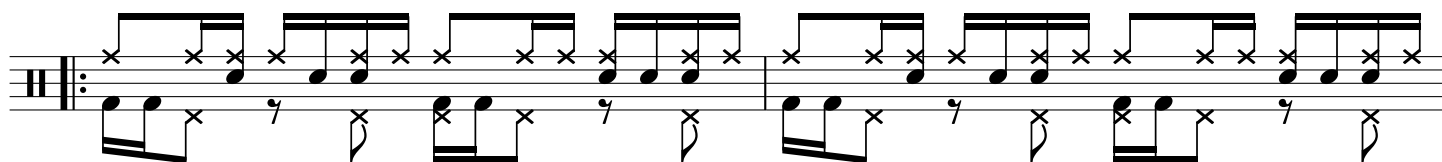


Ride Playing First Groove Pattern With Each Of The LF HH Patterns

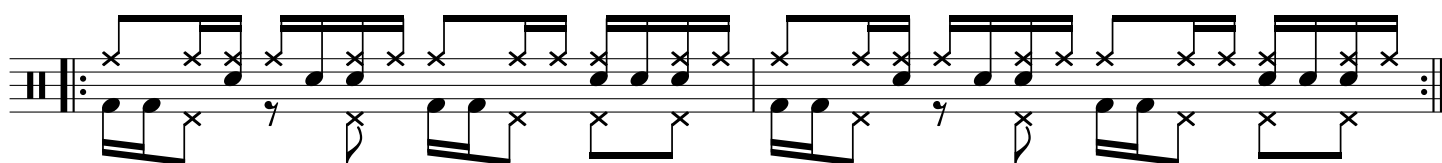
LF Pattern A



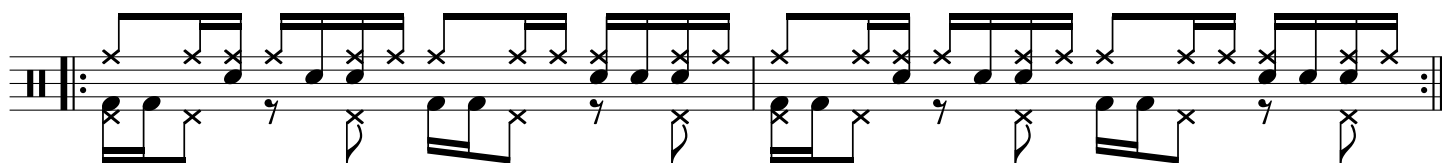
LF Pattern B



LF Pattern C

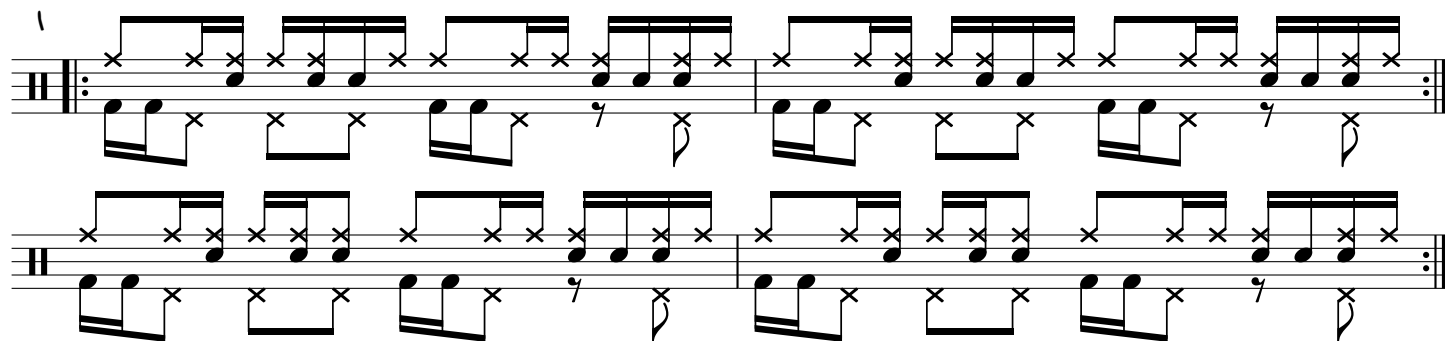


LF Pattern D

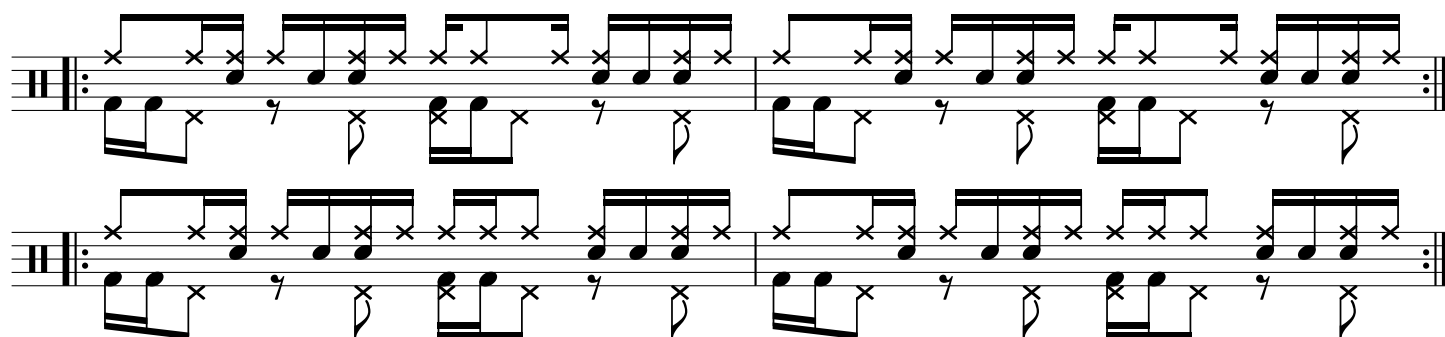


Now let's vary the ride patterns - Once mastered, play on HH

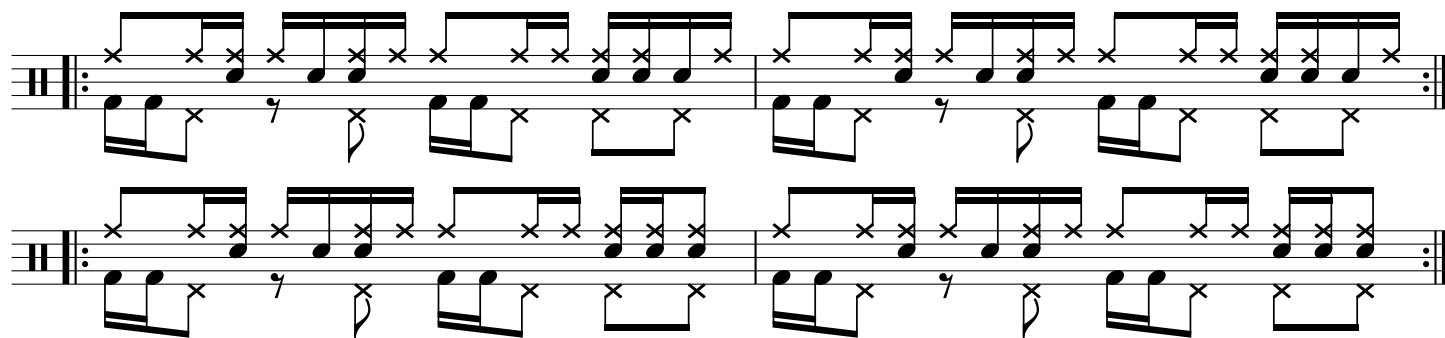
LF Pattern A



LF Pattern B



LF Pattern C



LF Pattern D

